This activity will help students explore occupations that connect with personal values. Complete each section by following the instructions below.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Teacher Led** | **X** | **Requires Computer** | **X** | **Requires myBlueprint.ca** |  |

**LEARNING GOALS:**

1. Students will reflect on personal values and the importance they have when choosing an occupation and joining the work force.

**MATERIALS:**

* Writing tools
* Computers, tablets or mobile devices
* Handouts [A] and [B]

**INSTRUCTIONS:**

1. Give students **Handout [A]** and walk them through activities [A] and [B]
2. Pass out **Handout [B]** and allow students to get their technology and have them complete the Occupation Search activity

**HANDOUT [A]: OCCUPATIONS AND ROLES**

**[A] OCCUPATION PERSONALITIES:**

1. Create cards that have the following titles on them. “Arts”, “Sciences”, “Physical Education”, “Social Sciences”, “Business”, “Math” and display them at different areas of the room
2. Students will walk around the room and sit at the desk with the card that is closest to their passion or favourite subject
3. In these groups, students identify 5 occupations that are connected to this subject (e.g., Actor for Arts and Accountant for Math)
4. As a class, identify and create a list of personal characteristics (e.g., honesty, friendly, hardworking etc.) that might be a part of success in any career
5. In existing groups, students identify five personal character traits that best describe a person who is successful from the occupations list that the group previously generated

**[B] LIFE ROLES:**

1. Each student gets a piece of paper and folds it into four parts
2. On each of the four parts, students write a role that best describes one aspect of their life. (Roles could be: soccer player, daughter, older sister, the funny one)
3. Students walk around the room and share their roles with others
4. Students form groups according to identified roles (e.g. all older sisters sit together)
5. Each group answers the questions listed below and share the results with the class once complete
6. Next, students form new groups with people that have different types of roles on their papers and repeat answering the questions from the perspective of another role

**Example:**

|  |  |
| --- | --- |
| Daughter | Soccer Player |
| Older Sister | The Funny one |

**Questions for Discussion:**

1. What do you enjoy the most about being a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
2. Being a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is sometimes hard when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
3. Being a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is important to me because\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
4. As a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ other people expect me to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
5. If I could change anything about my role in life it would be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?
6. The skills I learn in this role can connect me to the occupation of a\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?

**HANDOUT [B]: OCCUPATION SEARCH**

1. Identify your personal characteristics in the chart below
2. Identify five occupations that interest you and fit with the personal characteristics needed to be successful for that occupation. (Option: Research using myBlueprint.ca)

|  |
| --- |
| **Personal Characteristics** |
| E.g. extroverted |
|  |
|  |
|  |
|  |
|  |
|  |
|  |

*Instructions for myBlueprint:*

1. Visit [www.myBlueprint.ca](http://www.myblueprint.ca), and enter your email and password to log in.
2. **Forgot your password?** Click on the “Forgot your password?” link in the green Existing User box.
3. Click on **Work** in the left hand side navigation menu. Select **Occupations**.
4. Using the search bar, type in the title of an occupation that interest you (\*NOTE: You may use a variety of filters below the search bar in order to narrow down your search).
5. Use the chart below to record the results that interest you most.

|  |  |
| --- | --- |
| **Careers I am interested in …** | **Personal Characteristics** |
| E.g. Accountant | Detail oriented, good with numbers |
| 1. |  |
| 2. |  |
| 3. |  |
| 4. |  |
| 5. |  |