This activity will help students explore who they are and the different pathways that are connected to their authentic selves. Complete each section by following the instructions below.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Teacher Led** |  | **Requires Computer** | X | **Requires myBlueprint.ca** | X |

**LEARNING GOALS:**

1. Student will list and organize personal traits and skills.
2. Students will create a collage using different images to artistically represent one’s personality and abilities.

**MATERIALS:**

* Computer, Tablet, or mobile device
* Writing tools
* Handout [A]- About Me

**INSTRUCTIONS:**

1. Have students visit [www.myBlueprint.ca](http://www.myBlueprint.ca), and enter their email (username) and password to log in.

**Forgotten password?** Students can reset their passwords by clicking on the ‘Forgot your password?’ link in the green **Existing User** box.

**Forgotten email?** As a teacher/counsellor, you can reset your students’ emails and passwords in your **Student Manager** or **My Classes**.

1. In the left hand navigation menu, click **Who Am I**
2. On the **Who Am I** page, have students complete the 5 assessments.
3. To start a specific survey, click on the blue button **Start Survey.**

**EXTENSION ACTIVITY:**

Distribute **Handout [A]** and have students complete the activitypage. Students can summarize their responses and add them to a new portfolio titled ‘Who Am I’.

**HANDOUT [A]: ABOUT ME**

Fill in the charts below with examples specific to you.

|  |  |  |
| --- | --- | --- |
| **Dreams about my future** | **Values** | **Interests and Hobbies** |
| Think about: your hopes and aspirations, your long-term goals | e.g. honesty, respect | Think about: what you like doing in your spare time, what you are naturally good at |
| **Personal Characteristics** | **Transferable Skills** | **Career Focus** |
| e.g. cooperative, focused, goal-oriented | e.g. listening attentively, negotiating, problem solving | Think about: Are you naturally drawn to a specific career? Some careers that interest you and why |